

Am I at Risk?

If you have had

- unprotected oral, anal, or vaginal sex
- multiple sex partners
- Sexual contact with someone who has tested positive for a STD

you may be at greater risk of gonorrhea infection.

If you think you may be at risk contact your doctor, a family planning clinic, or your local public health nursing for testing.

If you have gonorrhea or any other STD, the Wyoming Department of Health and Center for Disease Control recommend you get tested for HIV.

The only way to know your status for sure is to GET TESTED!

For FREE Testing Vouchers, to find a clinic near you, or for more information on STDs visit our website.

www.knowyo.org

knowyo.org

**Wyoming Department of Health
Communicable
Diseases**

6101 Yellowstone Road
Suite 510
Cheyenne, WY 82002

Phone: 307-777-8939
Fax: 307-777-5279



Gonorrhea

What is Gonorrhea?

Gonorrhea is a curable sexually transmitted disease caused by the bacteria *Neisseria gonorrhoeae*. Gonorrhea is transmitted through unprotected oral, anal, or vaginal sex.

Statistics

- Gonorrhea is most common in individuals age 15-34 years
- The CDC estimates over 700,000 become infected with gonorrhea each year in the US
- In 2010, there were 40 reported cases of gonorrhea in Wyoming

Symptoms

- **The most common symptom is NO SYMPTOM AT ALL!**
- Greenish discharge from vagina, penis, or anus
- Painful urination
- Pain during Sex
- Lower abdominal pain
- Irregular periods
- Swollen testicles

Complications

If left untreated gonorrhea can cause Pelvic Inflammatory Disease (PID) in women which can lead to scarring and infertility. Having a gonorrhea infection also puts you at greater risk for acquiring HIV infection.

Testing

Getting tested for gonorrhea is painless and easy. If you believe you are at risk for gonorrhea go to your private provider, family planning clinic, or local public health nursing to be tested.

Recommended samples are:

Females
Vaginal Swab or
Urine Sample

Males
Urine Sample

Treatment

- Gonorrhea can be treated with antibiotics.
- It is important to not have sex for 7 days after taking the medication.
- It is extremely important that ALL of your sex partners are notified of your infection and tested/treated for gonorrhea. This prevents reinfection and reduces the spread of disease.
- If you would like help notifying your partners contact the Wyoming Department of Health.

Prevention

There are many options available for preventing gonorrhea infection:

- Abstain from sexual activity
- Use condoms consistently and correctly
- Use dental dams for oral sex
- Maintain a long-term monogamous relationship
- Limit your number of partners
- Know your and your partner's status by getting tested!

Common Gonorrhea Myths

- **Myth:** You can't get gonorrhea from oral sex.
Truth: You can get gonorrhea from any form of sex (oral, anal, or vaginal)
- **Myth:** Only "dirty" looking people have STDs
Truth: You cannot tell by looking at someone if they have an STD. STDs can be transmitted to ANYONE who has unprotected sex.